1:Campbell E-5 (1954-1955)1964
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4. EXPRESSIONS OF SOLIDARITY

619 612 [581] The Zagori community of Sarakatsani is geographically dispersed for reasons which are mainly ecological. Patrilocal marriage, suspicion of affines who live near the same village, yet the need for strategic alliances in other parts of Zagori, are factors which lead men to look for brides in a distant neighbourhood. Consequently the kindred of any individual tends to be more or less congruent with the boundaries of the community itself, in the sense that a shepherd generally has at least
● 527 612 571 a few relatives in any quarter of the Zagori. For these reasons the few festive occasions during the year which bring distant kinsmen together are looked forward to with some anticipation. This is so not only for the utilitarian consideration that it is valuable to renew associations with kinsmen whose practical help may be required in the future, but simply for the company of people who value a man and return his affections. It is an aspect of the constant yearning for unity in a society which is, in [183] fact, fragmented by exclusive familial loyalties. It might be said that these occasions when kinsmen meet are important because in the atmosphere of festival excitement the sentiments of kin-
585 527 612 [579] ship solidarity are strengthened and recreated. At weddings, for example, quarrels almost always develop between unrelated guests, and the kinsmen who rush to the aid of their own people are giving a dramatized expression to the ideal of kinship solidarity. But, if it is true that the gathering of dispersed kinsfolk is an occasion for the restatement of kinship values, it is also true that it is the sentiment of kinship which invokes the gathering at all. Thus, although wedding invitations are sent out to all consanguineal and to a large number of affinal relatives, not all of the more distantly related of these persons will attend, and it is always recognized that whether or not an invited kinsman comes to the wedding is an indication of the effective solidarity, or absence of solidarity, between the invited man's family and the family of the groom or bride. Naturally the whole of the kinsman's family cannot attend a wedding together. The demands of shepherding prevent this. But one member at least is expected to go as a representative.

612 574 A man, of course, may visit a kinsman at any time; in his huts he will always find shelter and hospitality for the night.

1:Campbell E-5 (1954-1955)1964
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But these visits are unlikely to be merely social and the main purpose of the journey is generally the arrangement of some business. At festivals, on the other hand, kinsmen meet to enjoy one another's company and other considerations are secondary. On the Tuesday after Easter Monday a man often sets off on a journey to a close kinsman living at a distance whom he has not seen during the winter. And after the feast of St. George before the migration to summer pastures there may be a wedding to attend. Later in the year when the Sarakatsani have moved up to the mountain villages of the Zagori there are other opportunities to meet less closely related kinsmen. About the end of July when the impregnated ewes gradually cease to yield milk, there is more leisure for the shepherds to attend the weddings, most of which occur in August and September. Also a number of the villages in the Zagori celebrate in the summer the feast-day of their patron saint. These village feasts (πανηγύρια) last for three days and nights during which there is almost continuous dancing in the village square with much eating and drinking besides. Many Sarakatsani go to these village festivals not only when it is the feast-day of the saint of their own summer village, but also to the celebrations of other villages where they have a kinsman. In the holiday atmosphere they are hospitably welcomed and their company and conversation give pleasure to their hosts. It makes no difference whether visitors are near or distant relatives; the more visitors a family entertains the more its prestige increases. But in addition to these public festivals each Sarakatsan family, or stani, celebrates privately one of the three summer religious festivals which they consider important. These are: the prophet Elias, 20th July, Saint Paraskeve, 26th July, and the Assumption of the All Holy One (The Virgin Mary), 15th August. On these feast-days meat is killed, wine is drunk, and in the larger stanis there is dancing. It is essentially a family celebration but kinsmen, who live in other villages and celebrate a different festival, will come to visit and share in the festivities. These are the various occasions which help to maintain a certain minimal frequency of contact between dispersed kinsmen, although the demands of the sheep prevent any individual shepherd from being present at more than one or perhaps two of these events each year.

But weddings are, undoubtedly, the most significant of these

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/General information on feasting, dancing, music and drinking, accompanying the Sarakatsani wedding held at Sikarayia will be found in category 585./

/46 cont./

236 In order that this account may come closer to reality, it follows the successive stages of this industry as they unfold.

Shearing

Fig. 35

Shearing is very hard work because the wool of the sheep as well as that of the goats is impregnated with grease, (wool grease), which makes penetration of the scissors extremely difficult. Obviously, [432] the scissors used (pivoted scissors) are bought commercially (fig. 35).

Shearing requires much skill and physical strength. It is done preferably on sunny but calm days, for humidity and wind harden the fatty matter that impregnates the fleece. It is, moreover, for the same reason that the animal to be sheared is always placed in the sun.

[221] The season of shearing coincides with arrival at the summer location, that is to say, after the spring move (at the beginning of the month of May).

[461] On the day chosen they set to work at dawn and continue all day. The women gather up the wool and put it in bags after sorting it by color.

If the flocks are numerous or if the meteorological conditions [527] are not favorable, the shearing may last several weeks. However, when

/46 cont./
236 [527] all is finished they organize a festival in order to rest and entertain themselves.

The arrangements observed are the same whether for sheep of goats. [221] [462] However, shearing of the latter precedes that of the former (it takes place during the month of March) and it is done by the women for reasons relating to special beliefs and superstitions. (9)

9. See below, pp. 101, 177-179, 370-371.

It is also necessary to mention another type of shearing which is partial and pertains only to the sheep. Twice a year (in March [221] [232] and in /47/ October) they shear the belly, the feet and chest to relieve the animals somewhat of their thick fleece (it is very warm at these times) and to rid them to some extent of their parasites.

Wool making

This type of work involves the following operations: boiling which consists of bringing the wool to boil in large cauldrons in order to get rid of the grease. The water from this boiling is saved in a receptacle and kept for later use.

Washing: once boiled, the wool is piled up at the edge of a brook or rushing stream. There, the women wash it very carefully in [412] running water and beat it with paddles of wood.

Drying: the washing finished, they dry the wool by exposing it to the sun.

Carding: it is then carded. They start by ridding the wool of all foreign bodies clinging to its strands, for example burrs, thorns, etc. After that they first disentangle the wool by hand in order to facilitate the cardage proper, which consists of combing the wool with the cards.

The position of the cards (fig. 28 and 29) is as follows: the lower thin board rests on the knees of the seated carder; this board has a rope around the center which passes between the knees of the carder; its end is attached to a wooden cylinder placed under

/109 cont./
252 prepared in the same way as the preceding. This bread appears on the
262 tables /110/ of the Sarakatsani women only on special occasions
574 (the arrival of a visitor, holidays, weddings, etc.).
529

252 Culinary art: Here again it is necessary to distinguish between
262 a number of cooked foods, on the one hand, and pastries on the other, which /together/ make up the basis of the diet of the Sarakatsani.

128 However, preliminary to the description of the different
234 Sarakatsani "dishes" it is suitable to begin with the method of preparing of cheese since cheese and butter make up the main ingredients of most foods.

234 We know that the milk produced is sold in bulk to a contractor
252 who transforms it into butter and cheese. This system is not practiced
439 either in the course of the seasonal migrations--the contractor not
22 being a nomad who follows the caravan--or, with better reason, in the course of the first summer months when the milk production decreases rapidly from day to day until it is near zero, so that the presence of the contractor unnecessary. It is during these two periods that the milk is made into cheese by the Sarakatsani themselves, to take care of their own needs. This is how they go about it:

234 The milk, at milking temperature of perhaps slightly heated
252

412 ←

415 →

Fig. 92

Fig. 91

/114 cont./

252 262 In order to conclude the inventory, it is necessary also to speak of the grasses and vegetables that the Sarakatsani use. The first are made up chiefly of dandelions and other edible wild plants gathered in the countryside, either to be cooked in water for a salad or to be used in making pastries (caucalide, (25) aromatic chervil

25. Condulocarpus apulus.

parella [a type of lichen], wild leek, etc.)

Among the second belong the beans, broad beans, lentils and, recently, potatoes and rice; however, their preparation does not present any peculiarity that need be reported here.

262 Meat, finally, does not make up any of the dishes that we have described. This is because meat constitutes altogether unusual food. (26)

26. Thurnwald: Economie Primitive, p. 121, says that pastoral peoples only exceptionally kill animals for their meat. Livestock is capital on the income of which the people live.

In fact, the herders do not readily "sacrifice" their livestock for their food. However, it is customary that for Christmas, Easter, [521] [571] St. George, St. Demetrius, each one's personal feast day and each time hospitality is called for (whoever the visitor may be), they kill a lamb and roast it on the spit. In all these instances the killing of the lamb takes on a ritual significance which justifies the "sacrifice."

It should be noted that this description of the Sarakatsani cuisine is a faithful account of the diet common among them.

/115/ --The cooking of foods

372 [252] The Sarakatsani practice several methods of cooking, which presuppose a method of lighting fire. This method consists of an oblique striking impact: a flint is struck with an iron hammer; the sparks which are produced ignite a piece of tinder (fig. 96). Then the fire is transferred to /Fig. 96 appears here/ dry grass of brush lying on the hearth (fig. 64). In order to stir up the fire they have recourse to a

1./Fig. 64 appears on p.92--Analyst/

/135 cont./

602 571 182 Nevertheless, before going further, we should emphasize that our account would be incomplete if we did not mention particularly a complementary but interesting aspect of all the practices that we have cited: once having entered the system of kinship and alliances, the individual as well as the group find themselves socially labeled and classified once and for all, and know from then on who are their friends or possible adversaries. Hence/comes/ a feeling of security and integration, constituting a solid basis for the development of their relationships and their social activity.

/136/ The Principles of Married Life.

585 602 The life of the two spouses complies with some principles of extreme importance for the understanding of Sarakatsani society. The folklore of marriage, on the one hand, and some examples of the spouses' behavior, on the other, are very revealing in this respect.

[529] [474] [605] [572] [492] The day of the nuptials, which is always a Sunday, a procession made up of the fiance's male and female cousins, as well as his friends (namely, the young people of the Tseligato) forms at his house. All these people proceed on horseback to the dwelling of the fiancee, where they must take the latter and lead her to the abode of her future husband to celebrate the nuptials.

585 602 536 [583] Having arrived at the home of the young girl and while the women step aside, the men of the procession confront the men of the future wife's family. The two sides are armed. A mock battle is then engaged in, the companions of the fiance pretending that they want to carry away the young girl by force. In the course of this battle a goodly number of shots are fired on both sides. Afterwards the men of the fiancee's party withdraw as though "beaten" and a song follows the battle, simulating a [533] [539] dialogue between the future spouses:

--Awake pretty girl with eyes of a young partridge
I have come to your dwelling...
--Since you are here, be welcome
There is a place for you...(etc.).

/167/

596 /167/ All these manifestations, or almost all, (37)

529

37. For the exceptions see below.

are group events, whether it be a baptism, the anniversary /or Saints Day or "fete"/ of the head, the festival following shearing, the cooking of the Easter lamb, or the dance of "Pure Monday," (38)

38. Below, p. 291.

[621] They are never decided by individual initiative; it is the family community that will decide on them. And while tradition is always there to prescribe everything the company must do (or not do), the spontaneity of the participants wells up, the atmoshpere grows warm, and the Sarakatsani, forgetting their hard lot, abandon themselves wholeheartedly to the pleasures of the moment.

* * * *

596 In introducing this section we pointed out that the extended family controls the life of its members on almost all levels. Now which specifically are the sectors that enjoy relative independence in relation to this family framework seen as a whole?

Close observation of the facts shows that the sphere of activities and manifestations which escape this control is very limited. The girls preparing their trousseaus, the men working with wood to construct and decorate many objects needed by their own families, the shepherd playing the flute, the grandmothers and old men telling legends and stories to the little children and young ones, etc., are a few situations in which certain independence may take place.

[959] [189] Likewise, one could mention the case of women who exercise the evil eye and seek to protect and care for the woman in child-bed and the new-born child by means of magical practices meant to ward off evils of all kinds. Maternal affection and the acts that it inspires belong to this same order of activity.

594 593 With respect to the conjugal family as a particular group one must

/255 cont./

843 789 [801] and the embryo. The knots are very eloquent from this point of view. And the "Mary's" in the mystical number of "three" represent another expression of the univeral-mother, in Christianized form, whose presence in this rite is particularly appropriate.

Nevertheless, the ideal fertility sought is that which will end in the birth of boys. That is why, when the bride, having arrived in front of the dwelling of her husband, dismounts from her horse, a boy whose parents are living mounts into the saddle and takes her place. Likewise, a small boy is put on the bride's lap. Thus, the young woman will give birth [352] [831] to boys. On the other hand, the young couple are forbidden to sit on the three-legged stool of the hearth, for its shape symbolizes the female sexual organ and it can bring them only girls, In these two cases, as in the preceding ones, it is no longer forces but other influences that work toward the desired result.

233 825 789 In order to promote the fertility of livestock, the Sarakatsani follow /256/ procedures which are different from those already described, but whose content points to the same beliefs. In this instance the procedures seek to promote the birth of females--the foundations of wealth and family prosperity. On Christmas day a young girl whose two parents are [529] living makes the rounds of the huts of the Tséligato. Before each door she stops and speaks these words to the inhabitants who await for her to pass: "Good day. I wish you a long life. May the next year bring the [514] birth of many ewes." The women of the family offer her sweets. When she leaves, the wives of the shepherds fill their tubs at a nearby spring and throw cheese and butter into it.

529 233 825 789 On New Year's day the first person to enter a Sarakatsani hut must be a young girl who has two living parents and who holds in her hand holly and feliki--the favorite food of goats and ewes. Once inside the hut, she must sit down on the ground beside the hearth and toss her bouquet into the fire, which starts to crackle from the heat. Then the young girl,

/256 cont./

527 solemnly and in a high voice, speaks these words: "May ewes and goats
233 be born." She is offered cakes and extended wishes for a long life
825 and happiness. According to Madame Hadjimichali, the women can predict
789 from the crackling of the fire whether the year ahead will be fruitful or
[594] or disastrous.
[787]

[796] The first day of the Orthodox Advent (40 days before Christmas) a long tree trunk is put in the hearth and allowed to burn for a while. Then it is extinguished and put to one side. This procedure is invariably repeated each morning. On Christmas morning the oldest woman of the family lights what is left and carries it lighted to the stroungha (Fig. 73) A/A where she buries it at the entrance where the animals pass. (24)

[114] 24. A practice reported by Madame Hadjimichali (ibid., p. ρν') but that we ourselves have not encountered.

527 On New Year's day, according to our own observations (on Christmas day
233 according to those of Madame Hadjimichali), (25)
825
789
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531
[114]

25. Ibid., A. II, pp. 346-350. This difference in the data is not surprising since the Sarakatsani groups are numerous and variations of customs are inevitable as a result of acculturation. It is to be noted that the non-Sarakatsani population make a pastry on New Year's day. It is possible that the statements of Madame Hadjimichali report a state of affairs before our own investigation. In this connection we wish to emphasize that Madame Hadjimichali gives a very fine description of the cakes in question, with superb drawings.

each mother of a family prepares a pastry decorated with motifs in relief, which represent /257/ a stroungha with sheep, imprints of horseshoes, a dog, shepherd reeds, distaffs, vipers and last of all scorpions. The whole is an evocation of the economic life of the Sarakatsani, the stroungha,

A/A, /See p.100--Analyst/

/257 cont./

the dogs and the reed of the shepherd symbolizing herding, the distaff, the wool crafts, the horseshoes, the means of transport and the migrations, the vipers and scorpions, the protective forces.

The complex of ideas and beliefs symbolized by all these practices is clear. As a female who is a virgin, the young girl is the most appropriate being to promote birth, especially the birth of female animals at the very moment when one cycle ends and another begins it for the new year coincides with the period of lambing. The woman, besides, is a tangible force of fertility and is very often found at the center of customs and rites having to do with the fertility of the earth. (26)

26. See G. Van der Leeuw: Ibid., p. 85-86 and material cited by him.

Moreover, she is connected with the moon from which she derives her symbolic virtues. As a result, she is likewise bound up with the waters. (27)

27. Varron: Ling. Lat. 5, 61.--The goddess of fertility is the goddess of the waters.--See J. Przyluski: Ibid., p. 27.--She ruled the elements, held sway over the air and the waters. --See Ch. Picard: Ibid., p. 377.

She is thus charged with pouring butter and cheese into the spring--a libation for abundance, (28) very conveniently connected with the ritual

28. The offerings at springs, pools and water holes are very frequent in different regions of Greece, and are practiced to the same ends as those of the Sarakatsani, see Ph. Koukoules: Ibid., vol. I, part II. p. 274 and his citations.

of Christmas day. It completes the latter and its specific symbolism aims to assure one after another the following ends: fertility, birth of females, productive animals, abundance.

The symbolic efficacy of fire, here in the form of the half-charred log, (29) of grain in the form of the pastry, of the snake and the scorpion

/257 cont./

233 825 789 [171] [842]

29. It is known that in several countries, including Greece, the maypole is burned--a reminiscence of the ritual of the Hilaria festival in Rome, in honor of Attis (a complete description of which is found in E.O. James: Ibid., pp. 205-208), which promotes universal fertility,--M. Eliade: Ibid., p. 264.

233 825 789 262 531 [171]

(underworld forces) is known to us. Even here these entities exert an influence favorable to abundance (30) by /258/ affecting the economic

30. A very fine study of St. Basil's pastry (Greek homologue of the cake of kings prepared in France) and hence of all the ceremonial pastry and bread of Christmas, New Year's day, marriage, etc., in Greece has just been published by the Greek ethnologist D. Doukatos: Ἡ Βασιλόπιτα. A detailed analysis of this custom, accompanied /258/ by commentaries on its significance in promoting well-being, abundance, prosperity, etc., as well as on its origins, and a study comparing it with similar customs of the West clarifies this problem. From the copious bibliography we single out two works: Margaret Hasluck: The Basil-Cake of the Greek New Year /cited in English/, pp. 143-177, and G. Bidault de l'Isle: Vieux dictons de nos compagnes, p. 43-44.

mechanism (the decoration of the pastry and the combination if its motifs constituting an indisputable illustration). We must take into account the

233 825 789 777 527

fact that the magic practices in general fulfill a multiplicity of functions. But two things must still be noted: First, the Sarakatsani, like all Greeks, attach a special importance to the first person who crosses the threshold of the house on New Year's day, for if the person brings luck, the year will be favorable; if he brings ill luck, the year will be disastrous. (31)

[171]

31. This belief, very widespread in Greece, already existed in antiquity: and even

ΛΟΥΚΙΑΝΟΥ. Ψευδολογιστής. 173.

233 825 789 [777] [52] [19]

/258 cont./

in Byzantium: ~~Ἰωάννου~~ ΧΡΥΣΟΣΤΟΜΟΥ: p. 106.--

This is the unlucky person.

Thus, an old Sarakatsani woman told us that one year her husband, inadvertantly, was the first person to enter the hut. That year their sheep gave them only rams.

The second observation has to do with the position on the ground of the young girl who visits the huts. It is a symbolic means of influencing the ewes and compelling them not to chase off their young when the latter try to nurse just after their birth, as they very often do, thus endangering the lives of the newborn animals.

233 731 821 789 [221] [776]

Fertility, Abundance and Prosperity.

The problem of feeding the livestock is only partially solved by the seasonal migrations in search of grass. A drought is enough to destroy everything. To avert such a possibility the Sarakatsani addresses himself again to the universal creative forces personified in other avatars of the Mother-Goddess capable of promoting the fertiltiy of the earth and the abundance of vegetation.

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These avatars are connected with the evolution of ideas about the Mother-Goddess during antiquity in the direction of an acceptance of the existence of a male principle at her side. This principle progressed from being her son, then her companion, first in a fraternal sense then in a sexual one, finally securing supremacy for himself. Generally this figure dies young only to be resurrected later, full of strength /259/ and vitality; it symbolizes nature, which dies in winter and is regenerated in the spring, and to nature it transmits its forces. (32)

776 171

32. The Mother-Goddess becomes Rea, the mother of the Cretan Zeus who is not yet "the father of men and of gods" of the Homeric epoch, but a god of fertility who dies periodically: P.M. Schuhl: Ibid., p. 95, J. Przyluski: Ibid., p. 129, H. Jeanmarie: Couroi et Courètes. She generally becomes Cybele of Phrygia, assisted by Attis; her worship and the passion of

533 /261 cont./
796 the Great Goddess, the Dioscuri, the sun and the moon.
789 --M. Eliade: Ibid., p. 132, says that "Helios is also
796 titan, epiphany of generative forces...In Crete, Helios
[171] is taurin and becomes the spouse of the Great Mother"...
"in addition he maintained relations with the chosen
world of darkness: sorcery and the underworld." Also,
he is connected with the snake.

[821] the moon and the snake are all summoned to fulfill auspicious functions
[825] as we know. On this point it is necessary to specify that in this verse
796 there is no contradiction between the invocation of the influence of the
789 sun which drives away the chthonian spirits and that of the snake, al-
821 though the latter is a personification of chthonian forces. In magic
825 rites in general, moreover, the direction of every force evoked is exerted
533 depends upon the orientation /262/ that the practitioner assigns to it. (36)

36. M. Eliade: Images et Symboles, p. 147.--
See also the preceding footnote on the sun-
serpent relations.

796 The coherence of the song is therefore absolutely safeguarded. Finally,
789 the last lines that speak of the stones of the house are the result of
533 acculturation, a borrowing of verses sung under the same circumstances by
177 young people in surrounding society. (37)

[529] 37. These are popular songs sung on Christmas Eve
and New Year's day, which include wishes for the
domus and hence for the longevity of the inhabitants.

791 The syncretism with Christianity of these more ancient ideas which
796 178 have given rise to these ceremonies is obvious.

789 Now, the theme of abundance finds considerable support in the practices
we have just described, since in general where there is fertility, abundance
[782] follows. Moreover, certain parts of these same practices are directly con-
[796] cerned with it (offerings at the springs--parts of the scenario of Epiphany,
[585] etc.). But there is more: there is the ritual performed by the bride at

/271 cont./

844 574 789 [783] likewise, burning charcoal is placed upon the threshold and, from time to time, grains of incense are tossed upon it. All who enter are subjected to purifying fumigation. The same desire to keep away "evils," causes /the Sarakatsani/ to throw into the hearth an old shoe or a piece of coarsely woven wool which give off malodorous fumes.

846 783 789 [788] Forty days after the birth, mother and child, soiled by the childbirth, must submit to purification. The hut is thoroughly cleaned, the mother and child carefully bathed. Then both betake themselves to the nearest Church where the priest, in accordance with the Orthodox rite, blesses them (in commemoration of the presentation of the Lord to the temple, according to old Hebraic customs which recall the universal taboos [842] of birth). A boy accompanies them so that other boys will be born into the family.

751 789 [529] The health of boys is likewise ensured by another method. On Easter Sunday at dawn each head of a family kills the paschal lamb which will then be roasted on the spit. The moment the blood runs, he wets his fingers with it and draws a cross on the forehead of boys "so that they do not become anemic." (63)

63. According to the explanation of Madame Hadjimichali: Ibid., A.I. ϕμΣ'.

The amulets, too, afford a protection against evils, and that in a lasting fashion. We have given some particulars concerning their composition, which varies/272/ greatly and constitues a veritable breviary of all the Sarakatsani magic beliefs. On an amulet necklace worn by a child [237] (see figure 101) we found: a miniature of the Gospel which is sold at all the village fairs; a blue ball on which was fastened a small cross; a cross of mastic; a small bag filled with /Figure 101 appears here/ salt and incense; a medal struck with the image of the Virgin; a coin; a bag containing a wing bone of a bat; a ball of amber; a cowrie /porcelain/ (shell of Venus); finally, the weight from a fairy's spindle, carved in gabbro.